

Saints Joachim & Anna Mission

November 2023

Rev. John Phelps, Pastor – frjohnphelps@gmail.com – (907) 317-3828

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Fasting note: On all fast days, we abstain from meat and dairy products; by “meat” is generally meant the flesh of land-dwelling vertebrates; by “dairy” is generally meant the produce of those same animals (ex. cheese, eggs, yogurt, milk). In general, invertebrates are all considered fasting fare. The fast is relaxed in honor of feast days, including the Sabbath (Saturday) and the Lord’s Day (Sunday), in three different categories as follows: wine, generally including all alcohol; oil, or foods cooked with or in oil; and fish, which is specifically aquatic vertebrates. Please consult your spiritual father for more specific details regarding your fasting rule; if you do not have a spiritual father, feel free to ask Fr. John.</p> <p><i>If you would like name day services, please contact Fr. John.</i></p>			<p>1 Wine & Oil Ss. Kosmas & Damian</p> <p>6:00p Vespers 7:00p Youth Group</p>	<p>2 7:00a Orthros</p> <p>12:30p Sixth Hour & Story time with Fr. John</p> <p>5:00p Goldendale PRC Fundraiser Dinner</p>	<p>3 Fast</p> <p>1:00p Junior Youth Group</p> <p>7:00p Fellowship of the Cross 9:00p Compline</p>	<p>4 St. Raphael of Brooklyn</p> <p>5:30p Vespers</p> <p><i>Daylight Savings “Fall Back”</i></p>
<p>5 8:15a Orthros & Divine Liturgy</p> <p>3:30p Parish Council</p>	<p>6 6:30a Jesus Prayer</p> <p>5:00p Choir</p>	<p>7</p> <p>6:00p Vespers 7:00p Orthodoxy 101</p>	<p>8 Wine & Oil Holy Archangels <i>Repose, Olga Michael</i></p> <p>6:00p Vespers 7:00p Youth Group</p>	<p>9 St. Nektarios 6:30a Liturgy</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>10 Fast</p> <p><i>Junior Youth Group Field Trip</i></p> <p>7:00p Fellowship of the Cross 9:00p Compline</p>	<p>11 St. Menas St. Vincent of Saragossa 9:00a Liturgy</p> <p>5:30p Vespers</p>
<p>12 8:15a Orthros & Divine Liturgy</p> <p>6:00p Vespers</p>	<p>13 St. John Chrysostom 6:30a Jesus Prayer</p> <p>5:00p Choir</p>	<p>14 St. Gregory Palamas Apostle Philip</p> <p>3:30p Monastery Home School Teaching</p> <p>6:00p Vespers 7:00p Orthodoxy 101</p>	<p>15 Fast <i>Advent Fast Begins</i></p> <p>6:00p Advent Paraklesis 7:00p Youth Group & SOYO</p>	<p>16 Wine & Oil Apostle Matthew 7:00a Orthros</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>17 Fast</p> <p>10:00a Fr. John Home School Teaching</p> <p>7:00p Fellowship of the Cross 9:00p Compline</p>	<p>18 Fish/Wine/Oil</p> <p>1:00p Women’s Bible Study</p> <p>5:30p Vespers</p>
<p>19 Fish/Wine/Oil 8:15a Orthros & Divine Liturgy</p> <p>7:00p Beard of Aaron</p>	<p>20 Fast King Martyr Edmund 6:30a Jesus Prayer</p> <p>5:00p Choir 6:00p Vigil</p>	<p>21 Fish/Wine/Oil Entrance of the Theotokos 9:00a Liturgy</p> <p>6:00p Vespers 7:00p Orthodoxy 101</p>	<p>22 Fast</p> <p>6:00p Akathist of Thanksgiving</p>	<p>23 Wine & Oil St. Alexander Nevsky Thanksgiving 9:00a Liturgy</p>	<p>24 Fast</p> <p>7:00p Fellowship of the Cross 9:00p Compline</p>	<p>25 Fish/Wine/Oil GM Katherine</p> <p>5:30p Vespers</p>
<p>26 Fish/Wine/Oil 8:15a Orthros & Divine Liturgy</p>	<p>27 Fast 6:30a Jesus Prayer</p> <p>5:00p Choir 7:00p Women’s Fellowship</p>	<p>28 Wine & Oil</p> <p>6:00p Advent Paraklesis 7:00p Orthodoxy 101</p>	<p>29 Fast</p> <p>6:00p Advent Paraklesis 7:00p Youth Group</p>	<p>30 Wine & Oil Apostle Andrew 7:00a Orthros</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>Ninth Hour begins 10 minutes prior to Vespers. Prayers before Communion begin about 25 minutes prior to Orthros or Liturgy.</p> <p>Fr. John is available for confession Saturday night after Vespers; Tuesday through Friday during regular office hours (3pm-5pm); or by appointment at other times during the week.</p> <p><i>If the regular times do not work for you, please contact Fr. John to schedule an appointment at a different time.</i></p>	