

Saints Joachim & Anna Mission

December 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Fasting note: On all fast days, we abstain from meat and dairy products; by “meat” is generally meant the flesh of land-dwelling vertebrates; by “dairy” is generally meant the produce of those same animals (ex. cheese, eggs, yogurt, milk). In general, invertebrates are all considered fasting fare. The fast is relaxed in honor of feast days, including the Sabbath (Saturday) and the Lord’s Day (Sunday), in three different categories as follows: wine, generally including all alcohol; oil, or foods cooked with or in oil; and fish, which is specifically aquatic vertebrates. Please consult your spiritual father for more specific details regarding your fasting rule; if you do not have a spiritual father, feel free to ask Fr. John.</p> <p><i>If you would like name day services, please contact Fr. John.</i></p>					<p>1 Fast HP Nahum St. Eligius</p> <p>1:00p Junior Youth Group</p> <p>7:00p Fellowship of the Cross 9:00p Compline</p>	<p>2 Fish/Wine/Oil HP Habakkuk St. Porphyrios</p> <p>5:30p Vespers</p>
<p>3 Fish/Wine/Oil HP Zephaniah 8:15a Orthros & Divine Liturgy</p> <p>3:30p Parish Council</p>	<p>4 Wine & Oil GM Barbara St. John of Damascus 6:30a Jesus Prayer</p> <p>5:00p Choir</p>	<p>5 Wine & Oil St. Sava the Sanctified</p> <p>6:00p Vespers & St. Nicholas Celebration</p>	<p>6 Wine & Oil St. Nicholas</p> <p>6:00p Advent Paraklesis 7:00p Youth Group</p>	<p>7 Wine & Oil St. Ambrose of Milan 7:00a Orthros</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>8 Fast</p> <p>Retreat @ Holy Cross</p>	<p>9 Fish/Wine/Oil Conception of the Theotokos</p> <p>Retreat @ Holy Cross</p> <p>5:30p Vespers</p>
<p>10 Fish/Wine/Oil 8:15a Orthros & Divine Liturgy</p>	<p>11 Fast 6:30a Jesus Prayer</p> <p>5:00p Choir</p>	<p>12 Wine & Oil St. Spyridon</p> <p>3:30p Monastery Home School Teaching</p> <p>6:00p Vespers & Ss. Herman and Lucia Celebration</p>	<p>13 Wine & Oil St. Herman VM Lucia</p> <p>6:00p Advent Paraklesis 7:00p Youth Group & SOYO</p>	<p>14 Wine & Oil 6:30a Liturgy</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>15 Fast</p> <p>10:00a Fr. John Home School Teaching</p> <p>9:00p Compline</p>	<p>16 Fish/Wine/Oil HP Haggai St. Theophano</p> <p>1:30p Women’s Bible Study</p> <p>5:30p Vespers</p>
<p>17 Fish/Wine/Oil Sunday of the Holy Forefathers 8:15a Orthros & Divine Liturgy</p> <p>3:00p St. Ignatius All Church Winter Party</p>	<p>18 Fast St. Zoe of Rome 6:30a Jesus Prayer</p> <p>5:00p Choir</p>	<p>19 Wine & Oil</p> <p>6:00p Vespers 7:00p Orthodoxy 101</p>	<p>20 Fast St. Ignatius</p> <p>6:00p Advent Paraklesis 7:00p Youth Group</p>	<p>21 Fast 7:00a Orthros</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>22 Fast GM Anastasia 9:00a Royal Hours & Typika</p> <p>9:00p Compline</p>	<p>23 Wine & Oil</p> <p>5:30p Vespers</p>
<p>24 Wine & Oil Nativity Eve VM Eugenia 8:15a Orthros & Divine Liturgy</p> <p>9:30p Vigil for Nativity: Vespers, Litia, Artoklasia, Orthros, Liturgy & <i>Breaking of the fast</i></p>	<p>25 NATIVITY OF JESUS CHRIST</p>	<p>26 Synaxis of the Theotokos</p> <p>6:00p Vespers 7:00p Orthodoxy 101</p>	<p>27 Protomartyr Stephen</p> <p>6:00p Vespers 7:00p Youth Group</p>	<p>28 20,000 Martyrs in Nicomedia 9:00a Liturgy</p> <p>12:30p Sixth Hour & Story time with Fr. John</p>	<p>29 14,000 Holy Innocents</p> <p>9:00p Compline</p>	<p>30 VM Anysia</p> <p>5:30p Vespers</p>
<p>31 Leave-taking of Nativity 8:15a Orthros & Divine Liturgy</p> <p>Vigil for St. Basil @ Monastery</p>	<p>Ninth Hour begins 10 minutes prior to Vespers. Prayers before Communion begin about 25 minutes prior to Orthros or Liturgy.</p> <p>Fr. John is available for confession Saturday night after Vespers; Tuesday through Friday during regular office hours (3pm-5pm); or by appointment at other times during the week. <i>If the regular times do not work for you, please contact Fr. John to schedule an appointment at a different time.</i></p> <p><i>Be thou ready, Bethlehem, Eden hath opened unto all. Ephratha, prepare thyself, for now behold the Tree of Life hath blossomed forth in the cave from the holy Virgin. Her womb hath proved a true spiritual Paradise, wherein the divine and saving Tree is found, and as we eat thereof we shall all live, and shall not die as did Adam. Christ is born now to raise the image that had fallen aforetime!</i></p> <p>-Apolytikion of the Forefeast of Nativity</p>					