

Saints Joachim & Anna Mission

April 2024

Rev. John Phelps, Pastor – frjohnphelps@gmail.com – (907) 317-3828

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>At Vespers, the Ninth Hour starts 10 minutes before Vespers is scheduled to begin. At Presanctified, Ninth Hour starts 15 minutes before Presanctified is scheduled to begin.</i></p>	<p>1 Fast St. Mary of Egypt 6:30a Jesus Prayer</p> <p><i>Father John's day off</i></p> <p>5:00p Choir Practice</p>	<p>2 Fast</p> <p>6:00p Great Compline 7:00p Orthodoxy 101</p>	<p>3 Fast</p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>4 Fast 7:00a Lenten Orthros</p> <p>12:30p Lenten Sixth Hour & Story time with Fr. John</p>	<p>5 Fast</p> <p>6:00p Compline w/ Akathist</p>	<p>6 Wine & Oil Soul Saturday</p> <p>5:30p Vespers</p>
<p>7 Wine & Oil Sunday of the Cross 8:15a Orthros & Divine Liturgy Cross Veneration at end of Orthros</p> <p>3:30p Parish Council</p>	<p>8 Fast 6:30a Jesus Prayer</p> <p><i>Father John's day off</i></p> <p>5:00p Choir Practice</p>	<p>9 Fast NMs Raphael, Nicholas, & Irene</p> <p>3:30p Monastery Homeschool Teaching</p> <p>6:00p Great Compline 7:00p Orthodoxy 101</p>	<p>10 Fast HM Gregory V</p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>11 Fast 7:00a Lenten Orthros</p> <p>12:30p Lenten Sixth Hour & Story time with Fr. John</p>	<p>12 Fast</p> <p>1:00p Junior Youth Group</p> <p>6:00p Compline w/ Akathist</p>	<p>13 Wine & Oil Soul Saturday 9:00am Divine Liturgy</p> <p>Mini-Retreat with Fr. Joseph Copeland</p> <p>5:30p Vespers</p>
<p>14 Wine & Oil Saint John of the Ladder 8:15a Orthros & Divine Liturgy</p>	<p>15 Fast 6:30a Jesus Prayer</p> <p><i>Father John's day off</i></p> <p>5:00p Choir Practice</p>	<p>16 Fast</p> <p>6:00p Great Compline 7:00p Orthodoxy 101</p>	<p>17 Wine & Oil</p> <p>6:00p Small Compline w/ Canon of Saint Andrew and Life of Saint Mary of Egypt</p>	<p>18 Wine & Oil</p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>19 Wine & Oil</p> <p>10:00a Homeschool Teaching w/ Fr. John</p> <p>6:00p Compline w/ Akathist</p>	<p>20 Wine & Oil Akathist Saturday</p> <p>1:00p Women's Bible Study</p> <p>5:30p Vespers</p>
<p>21 Wine & Oil Saint Mary of Egypt 8:15a Orthros & Divine Liturgy</p> <p>2:00p CGS Book Club</p>	<p>22 Fast 6:30a Jesus Prayer</p> <p><i>Father John's day off</i></p> <p>5:00p Choir Practice</p>	<p>23 Fast</p> <p>6:00p Great Compline 7:00p Orthodoxy 101</p>	<p>24 Fast</p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>25 Fast Apostle Mark 7:00a Lenten Orthros</p> <p>12:30p Lenten Sixth Hour & Story time with Fr. John</p>	<p>26 Fast</p> <p>6:00p Compline w/ Canon of Saint Lazarus</p>	<p>27 Wine & Oil Lazarus Saturday 8:15am Festal Orthros & Divine Liturgy</p> <p>Cleaning Day</p> <p>5:30p Vespers</p>
<p>28 Fish/Wine/Oil PALM SUNDAY 8:15a Orthros & Divine Liturgy</p> <p>6:00p Bridegroom Orthros</p>	<p>29 Fast Holy Monday 6:00a Presanctified Liturgy</p> <p>6:00p Bridegroom Orthros</p>	<p>30 Fast Holy Tuesday</p> <p>7:00a Presanctified Liturgy @ Monastery</p> <p>6:00p Bridegroom Orthros</p>	<p>Fasting note: On all fast days, we abstain from meat and dairy products; by “meat” is generally meant the flesh of land-dwelling vertebrates; by “dairy” is generally meant the produce of those same animals (ex. cheese, eggs, yogurt, milk). In general, invertebrates are all considered fasting fare. The fast is relaxed in honor of feast days, including the Sabbath (Saturday) and the Lord’s Day (Sunday), in three different categories as follows: wine, generally including all alcohol; oil, or foods cooked with or in oil; and fish, which is specifically aquatic vertebrates. Please consult your spiritual father for more specific details regarding your fasting rule; if you do not have a spiritual father, feel free to ask Fr. John.</p>			