

# Saints Joachim & Anna Mission

## December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>H. P. = Holy Prophet   G. M. = Great Martyr   V. M. = Virgin Martyr</b></p> <p>Fasting note: on all fast days, we abstain from meat and dairy products; by “meat” is generally meant the flesh of land-dwelling vertebrates; by “dairy” is generally meant the produce of those same animals (ex. cheese, eggs, yogurt, milk). In general, invertebrates are all considered fasting fare. The fast is relaxed in honor of feast days, including the Sabbath (Saturday) and the Lord’s Day (Sunday), in three different categories as follows: <b>oil</b>, or foods cooked with or in oil; <b>wine</b>, generally including all alcohol; and <b>fish</b>, which is specifically aquatic vertebrates. Please consult your spiritual father for more specifics with regard to your own fasting rule; if you do not have a spiritual father, feel free to ask Fr. John.</p>						<p><b>1</b> <i>Fish, Wine &amp; Oil</i> <b>H. P. Nahum</b></p> <p>6:30pm Vespers</p>
<p><b>2</b> <i>Fish, Wine &amp; Oil</i> <b>H. P. Habakkuk</b> <b>St. Porphyrios</b> 8:15am Orthros &amp; Divine Liturgy</p>	<p><b>3</b> <i>Fast</i> <b>H. P. Zephaniah</b> <i>Anysia K. birthday</i></p>	<p><b>4</b> <i>Wine &amp; Oil</i> <b>G.M. Barbara</b> <b>St. John of Damascus</b></p> <p>6:30pm Inquirer’s Class: Sin</p>	<p><b>5</b> <i>Wine &amp; Oil</i> <b>St. Sava the Sanctified</b> <i>Emma P. birthday</i></p> <p>5:30pm Vespers 6:30pm Inquirer’s Class: Jesus Christ the Son of God</p>	<p><b>6</b> <i>Wine &amp; Oil</i> <b>St. Nicholas</b></p> <p>6:30pm Celebration @ Gish House</p>	<p><b>7</b> <i>Fast</i> <i>Justina L. birthday</i></p> <p><i>Nativity Retreat in Yakima Fellowship of the Cross in Yakima</i></p>	<p><b>8</b> <i>Fish, Wine &amp; Oil</i> <i>Nativity Retreat in Yakima</i></p> <p>6:30pm Vespers</p>
<p><b>9</b> <i>Fish, Wine &amp; Oil</i> <b>Conception of the Theotokos</b> 8:15am Orthros &amp; Divine Liturgy</p>	<p><b>10</b> <i>Fast</i></p>	<p><b>11</b> <i>Wine &amp; Oil</i></p> <p>6:30pm Inquirer’s Class: Jesus Christ the Savior of the World</p>	<p><b>12</b> <i>Fast</i> <b>St. Spyridon</b></p> <p>5:30pm Choir Practice 6:30pm Youth Group</p>	<p><b>13</b> <i>Wine &amp; Oil</i> <b>St. Herman</b> <b>V. M. Lucia</b> <i>Rd. Herman &amp; Lucia G. name day</i> 7:00am Liturgy</p> <p>6:30pm Inquirer’s Class: Repentance and Faith</p>	<p><b>14</b> <i>Fast</i></p> <p>6:30pm Advent Paraklesis</p>	<p><b>15</b> <i>Fish, Wine &amp; Oil</i></p> <p>6:30pm Vespers</p>
<p><b>16</b> <i>Fish, Wine &amp; Oil</i> <b>Sunday of the Forefathers</b> <b>H. P. Haggai</b> <i>Rachel K. name day</i> 8:15am Orthros &amp; Divine Liturgy</p>	<p><b>17</b> <i>Fast</i> <b>H. P. Daniel</b></p>	<p><b>18</b> <i>Wine &amp; Oil</i></p> <p>6:30pm Inquirer’s Class: The Holy Spirit</p>	<p><b>19</b> <i>Fast</i> <i>Lucia G. birthday</i></p> <p>5:30pm Choir Practice 6:30pm Youth Group</p>	<p><b>20</b> <i>Fast</i> <b>St. Ignatius</b> <i>Ignatius B. birthday &amp; name day</i> 8:00am Liturgy</p> <p>6:30pm Inquirer’s Class: The Church and Mary</p>	<p><b>21</b> <i>Fast</i></p> <p>6:30pm Advent Paraklesis</p>	<p><b>22</b> <i>Wine &amp; Oil</i> <b>G.M. Anastasia</b> <i>Carla O. name day</i> 9:00am Liturgy</p> <p>6:30pm Vespers</p>
<p><b>23</b> <i>Wine &amp; Oil</i> <b>Sunday before Nativity</b> 8:15am Orthros &amp; Divine Liturgy</p>	<p><b>24</b> <i>Fast</i> <i>Linda Gish name day</i> 9:00am Royal Hours, Typika, Vesperal Liturgy  11:00pm Orthros &amp; Liturgy for Nativity</p>	<p><b>25</b> <b>NATIVITY OF JESUS CHRIST</b></p>	<p><b>26</b> <b>Synaxis of the Theotokos</b></p> <p>4:30pm Soup Kitchen 6:30pm Youth Group</p>	<p><b>27</b> <b>Protomartyr Stephen</b></p>	<p><b>28</b> <b>20,000 Martyrs in Nicomedia</b></p> <p>6:30pm Compline (<i>St. Jacob</i>)</p>	<p><b>29</b> <b>14,000 Holy Innocents</b></p> <p>6:30pm Vespers</p>
<p><b>30</b> <b>Sunday after Nativity</b> <b>V.M. Anysia</b> <i>Anysia K. name day</i> <i>David O. name day</i> 8:15am Orthros &amp; Divine Liturgy</p>	<p><b>31</b> <b>Leave-taking of Nativity</b></p> <p><i>Vigil for Saint Basil @ Monastery</i></p>	<p>Fr. John is available for confession every Saturday night after Vespers, or by appointment.</p> <p>Announcements for the weekly bulletin should be sent to Fr. John by Friday evening at <a href="mailto:frjohnphelps@gmail.com">frjohnphelps@gmail.com</a>.</p> <p>Names for commemoration at the Divine Liturgy may be submitted the evening prior to that Liturgy.</p>				