

Saints Joachim & Anna Mission

August 2024

Rev. John Phelps, Pastor – frjohnphelps@gmail.com – (907) 317-3828

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>If you would like name day services, please contact Fr. John.</i></p> <p>Fasting note: On all fast days, we abstain from meat and dairy products; by “meat” is generally meant the flesh of land-dwelling vertebrates; by “dairy” is generally meant the produce of those same animals (ex. cheese, eggs, yogurt, milk). In general, invertebrates are all considered fasting fare. The fast is relaxed in honor of feast days, including the Sabbath (Saturday) and the Lord’s Day (Sunday), in three different categories as follows: wine, generally including all alcohol; oil, or foods cooked with or in oil; and fish, which is specifically aquatic vertebrates. Please consult your spiritual father for more specific details with regard to your fasting rule; if you do not have a spiritual father, feel free to ask Fr. John.</p> <p><i>Ninth Hour begins 10 minutes prior to Vespers. Prayers before Communion begin about 25 minutes prior to Orthros or Liturgy.</i></p>				<p>1 Fast Procession of the Cross Maccabean Martyrs</p> <p>12:30p Sixth Hour & Storytime with Fr. John</p> <p>6:00p Small Paraklesis</p>	<p>2 Fast</p> <p>6:00p Great Paraklesis</p> <p>9:00p Compline</p>	<p>3 Wine & Oil</p> <p>5:30p Vespers</p>
<p>4 Wine & Oil 8:15a Orthros & Divine Liturgy</p> <p>3:30p Parish Council</p>	<p>5 Fast 6:30a Jesus Prayer</p> <p><i>Fr. John’s day off</i></p> <p>6:00p Vespers, Litia, Artoklasia, Orthros</p>	<p>6 Fish/Wine/Oil TRANSFIGURATION</p> <p>9:00a Liturgy</p> <p>6:00p Great Paraklesis 7:00p Orthodoxy 101</p>	<p>7 Fast St. Anthony of Optina</p> <p>5:00p Choir 6:00p Small Paraklesis 7:00p Youth Group</p>	<p>8 Fast 6:30a Liturgy</p> <p>12:30p Sixth Hour & Storytime with Fr. John</p> <p>6:00p Great Paraklesis</p>	<p>9 Fast Apostle Matthias</p> <p>6:00p Small Paraklesis</p> <p>9:00p Compline</p>	<p>10 Wine & Oil</p> <p>5:30p Vespers</p>
<p>11 Wine & Oil VM Susanna 8:15a Orthros & Divine Liturgy</p> <p>6:00p Beard of Aaron</p>	<p>12 Fast 6:30a Jesus Prayer</p> <p><i>Fr. John’s day off</i></p> <p>5:00p Choir 6:00p Small Paraklesis</p>	<p>13 Fast</p> <p>6:00p Great Paraklesis 7:00p Orthodoxy 101</p>	<p>14 Fast Prophet Micah</p> <p>6:00p Vespers, Litia, Artoklasia, Lamentations, Orthros</p>	<p>15 DORMITION</p> <p>9:00a Liturgy</p>	<p>16 Wine & Oil St. Joseph the Hesychast <i>Services @ Monastery TBA</i></p> <p>9:00p Compline</p>	<p>17</p> <p>5:30p Vespers</p>
<p>18 8:15a Orthros & Divine Liturgy</p>	<p>Fr. John out of town</p>		<p>21 Fast</p> <p>6:00p Vespers 7:00p Youth Group & SOYO</p>	<p>22</p> <p>9:00a Liturgy</p> <p>6:00p Vespers & Trisagion Prayers</p>	<p>23 Fast St. Irenaeus <i>Leavetaking of Dormition</i></p> <p>9:00p Compline</p>	<p>24 St. Kosmas of Aetolia</p> <p>1:00p Women’s Bible Study</p> <p>5:30p Vespers</p>
<p>25 Apostle Titus 8:15a Orthros & Divine Liturgy</p> <p>6:00p Young Adults Fellowship</p>	<p>26 6:30a Jesus Prayer</p> <p><i>Fr. John’s day off</i></p> <p>5:00p Choir 6:00p Vespers</p>	<p>27 GM Phanourios</p> <p>9:00a Liturgy</p> <p>6:00p Vespers 7:00p Orthodoxy 101</p>	<p>28 Fast St. Moses the Ethiopian</p> <p>6:00p Vespers 7:00p Youth Group</p>	<p>29 Fast Beheading of the Forerunner <i>Services @ Monastery TBA</i></p> <p>12:30p Sixth Hour & Storytime with Fr. John</p>	<p>30 Fast</p> <p><i>Teen Retreat in Goldendale</i></p> <p>6:30p Vespers</p> <p>9:00p Compline</p>	<p>31 St. Aidan of Lindisfarne</p> <p><i>Teen Retreat in Goldendale</i></p> <p>5:30p Vespers</p>