

Saints Joachim & Anna Mission

March 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Fasting note: On all fast days, we abstain from meat and dairy products; by “meat” is generally meant the flesh of land-dwelling vertebrates; by “dairy” is generally meant the produce of those same animals (ex. cheese, eggs, yogurt, milk). In general, invertebrates are all considered fasting fare. The fast is relaxed in honor of feast days, including the Sabbath (Saturday) and the Lord’s Day (Sunday), in three different categories as follows: wine, generally including all alcohol; oil, or foods cooked with or in oil; and fish, which is specifically aquatic vertebrates. Please consult your spiritual father for more specific details regarding your fasting rule; if you do not have a spiritual father, feel free to ask Fr. John.</p>						<p>1 <i>Dairy</i></p> <p>4:00p Catechism</p> <p>5:30p Vespers</p>
<p>2 <i>Dairy</i></p> <p>Forgiveness Sunday</p> <p>8:15a Orthros & Divine Liturgy</p> <p><i>Forgiveness Vespers after Coffee Hour</i></p>	<p>3 <i>Strict Fast</i></p> <p>Clean Monday</p> <p>6:30a Jesus Prayer</p> <p><i>Father John’s day off</i></p> <p>6:00p Great Compline w/ Canon of Saint Andrew</p>	<p>4 <i>Strict Fast</i></p> <p>Clean Tuesday</p> <p>10:00a CGS</p> <p>6:00p Great Compline w/ Canon of Saint Andrew</p>	<p>5 <i>Fast</i></p> <p>Clean Wednesday</p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>6 <i>Fast</i></p> <p>Clean Thursday</p> <p>6:00p Great Compline w/ Canon of Saint Andrew</p>	<p>7 <i>Fast</i></p> <p>Clean Friday</p> <p>6:00p Compline w/ Akathist</p>	<p>8 <i>Wine & Oil</i></p> <p>Saint Theodore</p> <p>4:00p Catechism</p> <p>5:30p Vespers</p> <p><i>Daylight savings begins—spring forward</i></p>
<p>9 <i>Wine & Oil</i></p> <p>Sunday of Orthodoxy</p> <p>40 Martyrs of Sebaste</p> <p>8:15a Orthros & Divine Liturgy</p> <p><i>Icon procession after Liturgy</i></p> <p>3:30p Parish Council</p>	<p>10 <i>Fast</i></p> <p>6:30a Jesus Prayer</p> <p><i>Father John’s day off</i></p> <p>5:00p Choir practice</p>	<p>11 <i>Fast</i></p> <p>10:00a CGS</p> <p>3:30p Monastery Homeschool teaching</p> <p>6:00p Great Compline</p>	<p>12 <i>Fast</i></p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>13 <i>Fast</i></p> <p>8:00a Lenten Orthros</p>	<p>14 <i>Fast</i></p> <p>3:30p Jr. Youth Group</p> <p>6:00p Compline w/ Akathist</p>	<p>15 <i>Wine & Oil</i></p> <p>Soul Saturday</p> <p>9:00a Divine Liturgy</p> <p>4:00p Catechism</p> <p>5:30p Vespers</p>
<p>16 <i>Wine & Oil</i></p> <p>St. Gregory Palamas</p> <p>8:15a Orthros & Divine Liturgy</p> <p>7:00p Beard of Aaron</p>	<p>17 <i>Fast</i></p> <p>St. Patrick</p> <p>6:30a Jesus Prayer</p> <p><i>Father John’s day off</i></p> <p>5:00p Choir practice</p>	<p>18 <i>Fast</i></p> <p>St. Edward</p> <p>10:00a CGS</p> <p>6:00p Great Compline</p>	<p>19 <i>Fast</i></p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>20 <i>Fast</i></p>	<p>21 <i>Fast</i></p> <p>6:00p Compline w/ Akathist</p>	<p>22 <i>Wine & Oil</i></p> <p>Soul Saturday</p> <p>1:00p Women’s Bible Study</p> <p>4:00p Catechism</p> <p>5:30p Vespers</p>
<p>23 <i>Wine & Oil</i></p> <p>Sunday of the Cross</p> <p>8:15a Orthros & Divine Liturgy</p>	<p>24 <i>Fast</i></p> <p>6:30a Jesus Prayer</p> <p><i>Father John’s day off</i></p> <p>5:00p Choir practice</p> <p>6:00p Vespers, Litia & Artoklasia</p>	<p>25 <i>Fish/Wine/Oil</i></p> <p>ANNUNCIATION</p> <p>8:00a Orthros & Liturgy</p> <p>6:00p Great Compline</p>	<p>26 <i>Fast</i></p> <p>6:00p Presanctified Liturgy <i>Soup Supper following</i></p>	<p>27 <i>Fast</i></p> <p>8:00a Lenten Orthros</p>	<p>28 <i>Fast</i></p> <p>10:30a Fr. John Homeschool Teaching</p> <p>6:00p Compline w/ Akathist</p>	<p>29 <i>Wine & Oil</i></p> <p>4:00p Catechism</p> <p>5:30p Vespers</p>
<p>30 <i>Wine & Oil</i></p> <p>St. John of the Ladder</p> <p>8:15a Orthros & Divine Liturgy</p>	<p>31 <i>Fast</i></p> <p>St. Innocent</p> <p>6:30a Jesus Prayer</p> <p><i>Father John’s day off</i></p> <p>5:00p Choir practice</p>	<p>At Vespers, the Ninth Hour starts 10 minutes before Vespers is scheduled to begin. At Presanctified, Ninth Hour starts 15 minutes before Presanctified is scheduled to begin. Prayers before Communion begin about 20 minutes prior to Orthros or Liturgy.</p> <p>Fr. John is available for confession Saturday night after Vespers; Tuesday through Friday during regular office hours (3pm-5pm); or by appointment at other times during the week. If the regular times do not work for you, please contact Fr. John to schedule an appointment at a different time.</p> <p><i>If you would like name day services, please contact Fr. John.</i></p>				